

KTS GROUP SCHEDULE

4/1/22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5-6				Stress Reduction Theresa		
6-7	Motivation and Affirmations Debra	Meditation Haifa	Coping Skills Haifa	Journey of Recovery Haifa	Relapse Prevention Counselor	Relapse Prevention Theresa
7-8	Anger Management Counselor	Covid 19 Volodymyr	Smoking Cessation Volodymyr	Relapse Prevention Volodymyr	Recovery Process Counselor	Additional Education Group Theresa
8-9	Relapse Prevention Volodymyr	Addictive Behaviors Counselor	Meditation Debra	Life Skills Debra	Meditation Debra	
9-10	What IS Working? Cecil	Relapse Prevention Cecil	Stages of Change Cecil	Journey of Recovery Haifa	Men's Group Cecil	
10-11		Recovery Support Karen	Developing Sober Support Karen	SMART Recovery Goals Karen	Empowering Women Karen	
11-12	Effects of Emotions Arturo	Journey of Recovery Arturo	Internal/ External Triggers Arturo		Conflict Resolution Arturo	
12-1		Dealing with Guilt and Shame or other Triggers Theresa			Preventing other Addictions Theresa	

DUE TO COVID-19 ALL GROUP COUNSELING SESSIONS ARE TELEPHONIC

PHONE: 267-930-4000

ENTER CODE: 055-099-895#

Group members must be on time and stay for the entire duration of the group to receive group credit. If you arrive later than 5 minutes after the start time of the group, you will be asked to attend the next available group.

EVERY PATIENT MUST DO GROUP

Step 1 = 1 group each week (total 4 per Month)

Step 2, 4, 6, 13 and 27 = 1 group per Month